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# Sarvajanik University, Surat

Gujarat State

National Service Scheme ( NSS )



## YUVA AAPDA MITRA TRAINING

2<sup>nd</sup> - 8<sup>th</sup> January 2026

**Organised by**

State Disaster Response Force ( SDRF )  
National Disaster Response Force (NDRF)  
National Disaster Management Authority (NDMA)

**Venue :**

**SDRF UNIT – 11 VAV, Kamrej, Surat**



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As part of the continuous efforts to strengthen youth participation in disaster preparedness and community resilience, selected NSS volunteers from Sarvajnik University participated in the **YUVA Aapda Mitra Training Programme**. The training was conducted at **State Response Disaster Force (SRDF) – 11, Vaav**, from **2nd January to 8th January 2026**.

The programme aimed to equip young volunteers with essential knowledge, practical skills, and hands-on training in disaster management, emergency response, search and rescue operations, and community support during natural and man-made disasters. Through structured sessions, drills, and field-based activities, the training emphasized discipline, teamwork, leadership, and quick decision-making under critical situations.

The following NSS volunteers successfully attended and completed the training programme:

- 1. Maurya Mansi (SCCCA)**
- 2. Ishrita Vekariya (SCCCA)**
- 3. Jaykumar Dave (BRCM)**
- 4. Rahul Jani (BRCM)**

Their participation reflects the university's commitment to nurturing socially responsible youth capable of serving society during emergencies and contributing effectively to disaster risk reduction initiatives.



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## Day-wise Training Report

### Day 1: Opening Ceremony & Camp Orientation

The YUVA Aapda Mitra Training Camp commenced with a formal opening ceremony. During the inaugural session, volunteers were introduced to the **YUVA Aapda Mitra Scheme (YAMS)**, its objectives, and the detailed schedule of activities planned for the training period. A guided tour of the **SDRF camp** was organized, enabling participants to familiarize themselves with rescue equipment, infrastructure, and various operational units involved in disaster response.

### Day 2: Disaster Management Awareness & Fire Safety

An informative session on disaster management was conducted by **DySO Shri Anil Patel**, who emphasized the importance of preparedness and the crucial role of trained volunteers during emergencies. A theoretical lecture on **fire hazards, fire prevention, and fire safety equipment** was delivered. To provide practical exposure, a field visit to the **Kamrej Fire Station** was arranged, where volunteers observed firefighting operations and learned about modern safety tools and techniques.





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### Day 3: Types of Disasters & Animal Bite Management

On the third day, training was imparted on various **natural and man-made disasters**, along with appropriate response strategies for each scenario. Special emphasis was placed on **animal and snake bite management**, covering preventive measures, safety precautions, and immediate first-response techniques to minimize risk and save lives.



### Day 4: Medical First Responder (MFR) Training & CPR

Volunteers were introduced to the role and responsibilities of a **Medical First Responder (MFR)**. Detailed sessions on **first aid procedures** were conducted, supported by practical demonstrations. Additionally, **Cardiopulmonary Resuscitation (CPR)** techniques were taught to prepare volunteers for handling medical emergencies effectively.





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### Day 5: Basic Life Support (BLS) Training

The fifth day focused on **Basic Life Support (BLS)** through hands-on training sessions. Volunteers learned correct techniques for **safe lifting, handling, and transportation of patients** during emergencies to prevent further injuries and ensure effective medical support.



### Day 6: Flood Management & Advanced CPR Training

Flood management training was conducted at the **Tapi River, Pardi**, where volunteers received practical exposure to **water rescue operations**. The session included **swimming training and boat riding exercises**, enhancing confidence and survival skills in flood-like situations. Medical experts also demonstrated **advanced CPR techniques for both adults and children**, strengthening emergency medical preparedness.





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### Day 7: Closing Ceremony

The training camp concluded with a formal closing ceremony conducted by the **camp in-charge officers**. The officers appreciated the active participation, discipline, and enthusiasm of the volunteers and motivated them to utilize their acquired skills for **community service and disaster response activities**.



### Overall Impact of the Training

The YUVA Aapda Mitra Training Camp significantly enhanced the **knowledge, confidence, emergency response capabilities, teamwork, and leadership qualities** of the NSS volunteers. The program not only prepared them to respond effectively during disasters but also instilled values of **service, responsibility, and humanitarian commitment**, shaping them into socially responsible and capable individuals.

